

PIECES OF THE PUZZLE

Volume 4—Spirituality and Faith

by

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*M*ystically or religiously influenced, our *spirituality* is both discovered and defined in our connection to each other and to the divine essence, which links us. *Faith* is that which enables the connection.

In this last leg of our journey together, both new and familiar faces will look at how we might bring about a happier, healthier, wealthier, and more spiritually fulfilling life. What changes or enhancements can we make that will help in our personal development, physically, mentally, emotionally, and spiritually?

Eventually, the author and many others she meets realizes that we are as spiritually mature as our spirit wishes to be, as only our conscious self can believe and perceive that we can become. Can we change for the better? Yes, as it appears to be our purpose in life. What the reader comes to discover is that we are here to perfect the spirit within, to be as we were meant to be. Not to live merely as human beings, but as enlightened spiritual beings experiencing a human existence.

With a divine plan set in motion, we enter into this world to learn and grow in the exploration of self and life. The quest before us is to mature spiritually, to grow ever closer into our true perfection. Our journey is a deeply personal one, filled with challenges and possibilities, those opportunities for personal development and self-enlightenment. Will we succeed? The author believes we will, for her outlook is one of hope and faith.

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(Living a spiritually fulfilling life is possible whenever we remember that at the center of everything we think, say, and do lies our spirituality and faith.)

For more information, visit author's website at: www.Trinda.net